

**KCAA New Patient Medication Assessment
MEDICATIONS CONTAINING ANTIHISTAMINES**

The following is a partial list of **medications containing antihistamine**. In addition to allergy and cold medications, sleep aids, anti-nausea and anti-depressant medications frequently contain antihistamines. Many over the counter cough/cold preparations, sedatives, sleeping medications contain one or more of these antihistamines. Please check with your pharmacist about these products. **If you are taking any of these medications, discontinue them 4 days before your new patient appointment. If you have any questions whether a medication you are taking contains an antihistamine and is not on the list please contact our phone nurse at 913-491-5501.**

DO NOT STOP ASTHMA MEDICATIONS

Actifed	Compazine	Meclizine	Sinutab
Adapin (1,2) see below	Comtrex	Medi-Flu	Sleep-ettes-D
Advil PM	Contac	Mellaril (1,2) see below	Sleep-eze
Alavert (2) see below	Coricidin	Mescolor	Sleepinal
Alka-Seltzer Plus & PM	Cyproheptadine	Miles Nervine Night- time sleep-Aid	Sominex
Allegra	D.A. II	Naldecon	St. Joseph Nighttime Cold
Allegra D	D.A. Chewable	Nolahist	Stelazine (1) see below
Allerest	Demazin	Nolamine	Sudafed Cold and Allergy
AllerRx	Desipramine (1,2) see below	Norpramin (1,2) see below	<i>Plain Sudafed May Be Taken</i>
Allent	Dimetane	Nortriptyline (1,2) see below	Surmontil
Ambenyl	Dimetapp	Norzine	Tacaryl
Amitriptyline (1,2) see below	Diphenhydramine	Novafed A	Tamine
Anafranil (1,2) see below	Disophrol	Novahistine	Tavist
Antivert	Dymista	Nyquil	Teldrin
A.R.M.	Doan's PM	Nytol	Temaril
Asendin (1) see below	Dorcol Cold Formula	Optimine	Theraflu
Astelin Nasal Spray	Doxepin (1,2) see below	Ornade	Thorazine (1) see below
Atarax	Dramamine	Orthoxicol	Tofranil (1,2) see below
Astepro Nasal Spray	Dristan	Pamelor (1,2) see below	Torecan
Atrohist	Drixoral	Pannaz	Triaminic
Aventyl (1,2) see below	Dura-Tap	Patanase	Triaminicol
BC Cold Powder	Dura-Vent/DA	Pediaware	Triavil (1,2) see below
Bayer PM	Durrax	Percogesic	Triaminol
Benadryl	Elavil (1,2) see below	Periactin	Triavil (1,2) see below
Benylin	Endep (1,2) see below	Pertofrane (1,2) see below	Trifluoperazine
Bonine	Etrafon (1,2) see below	Phenergan	Trilafon
Brexin LA	Excedrin PM	Poly-Histine	Trinalin
Bucladin -S	Extendryl	Prochlorperazine	Trind
Bromfed	Fedahist	Prolixine (1) see below	Tripelennamine
Bufferin AF Nite Time	Fexofenadine	Pyrroxate	Tritannate
Cerose - DM	Fluphenazine (1) see below	Quelidrine	Tussagesic
Certirizine	4-Way Cold Tablets	Resaid	Tussend
Certirizine D	Goody's PM Powder	Robitussin Night time Cold	Tussi-12
Cheracol Plus	Histussin	Rondec	Tussionex
Cheracol Sinus	Hycomine	Ru-Tuss	Tylenol Allegy Sinus
Children's Tylenol Allergy D	Hydroxyzine	Ryna	Tylenol Cold
Children's Tylenol Cold	Imipramine (1,2) see below	Rynatan	Tylenol Cold & Flu
Children's Tylenol Flu	Isoclor	Rynatuss	Tylenol Cold Nighttime
Cholrafed	Kronofed A	Semprex D	Tylenol PM
Chlorpheniramine	Levecetirizine	Simply Sleep	Unisom
Chlor-Trimeton	Limbitrol (1,2) see below	Sinarest	Vicks
Clarinox (2) see below	Loratadine (2) many store brands, watch labels - see below	Sine-Off	Vistaril
Claritin (2) see below	Ludiomil (1,2) see below	Sinequan (1,2) see below	Vivactil (1,2) see below
Claritin D (2) see below	Marax (1) see below	Singlet	Xyzal
Claritin Reditab (2) see below	Marezine	Sinubid	Zyrtec
Codimal		Sinulin	Zyrtec D
Cold Control			
Comhist			

(1) Discontinue only if okay with prescribing physician

(2) Discontinue one week before evaluation (Plain Sudafed may be taken)

Please call our phone nurse with any questions 913-491-5501