

## **MEDICATIONS CONTAINING ANTIHISTAMINES**

The following is a list of medications that can affect allergy skin testing. Allergy, cold, sleep aids, antacid, anti-nausea and anti-depressant medications frequently contain antihistamines. Below is a list of generic medications (brand names in parenthesis). Please look at the active ingredients listed on your medication to see if they contain any of the below medications. **If you have any questions, please contact our office at 913-491-5501.**

### ***STOP THE BELOW MEDICATIONS AT LEAST 4 DAYS PRIOR TO TESTING***

#### **Allergy/cold medications/sleep aids**

Acrivastine (Semprex)  
Azelastine (Astepro, Astelin, Dymista)  
Brompheniramine (Dimetapp)  
Cetirizine (Zyrtec)  
Chlorpheniramine (Actifed, Chlor-Trimeton)  
Cyproheptadine (Periactin)  
Clemastine (Tavist)  
Desloratadine (Clarinex)  
Dexbrompheniramine(Drixoral)  
Diphenhydramine (Benadryl, Advil PM, Tylenol PM, Excedrin PM, ZzzQuil)  
Doxylamine (NyQuil, Tylenol Cold Nighttime, Unisom)  
Fexofenadine (Allegra)  
Hydroxyzine (Atarax, Vistaril)  
Levocetirizine (Xyzal)  
Loratadine (Claritin)  
Methdilazine (Tacaryl)  
Olopatadine (Patanase)

#### **Antacid/anti-nausea medications**

Cimetidine (Tagamet)  
Dimenhydrinate (Dramamine)  
Famotidine (Pepcid)  
Meclizine (Bonine, Antivert)  
Nizatidine (Axid)  
Promethazine (Phenergan)  
Ranitidine (Zantac)

#### **Antidepressants/ antipsychotic medications**

***(Please contact the prescribing doctor before stopping these medications)***

Amitriptyline (Elavil, Endep, Etrafon, Triavil)  
Amoxapine (Asendin)  
Clomipramine (Anafranil)  
Chlorpromazine (Thorazine)  
Desipramine (Pertofrane)  
Doxepin (Adapin, Sinequan)  
Fluphenazine (Prolixin)  
Imipramine (Tofranil)  
Nortriptyline (Aventyl)  
Trimipramine (Surmontil)  
Protriptyline (Vivactil)